



# Chicken Pasta Salad Recipe



**SHALITFOODS**  
INNOVATIVE BRANDS | CANADA | USA





# Chicken Pasta Salad Recipe

Recipe Items:	1 Portion	5 Portions
PE Pasta (PE#21757)	#16 Scoop (60 gm)	300 gm (10.6 oz)
PE Chicken (PE#21735)	#20 Scoop (50 gm)	250 gm (8.8 oz)
PE Carrot (PE#21734)	2 Tbsp (30 ml)	150gm (5.3 oz)
PE Spinach (PE#21743)	2 Tbsp (30 ml)	150gm (5.3 oz)
Mayonnaise	1 tsp (5 ml)	25 ml (1 fl oz)

Nutritional analysis presented contains only these ingredients

1 cm chub slice = approx. 40gm,  
1" chub slice- approx. 100gm



1. Thaw frozen products in refrigerator for a maximum 48 hrs.

Cold Service - Keep Puree Essentials food cold prior to service, below 4° C or 40° F.



2. For best results, heat the pasta mousse and stir to even consistency. Let cool to below 4° C or 40° F. Plate the #16 Scoop (60 gm) of pasta.



3. Add the #20 Scoop (50 gm) of chicken mousse on top of the pasta. Using a spoon or the back of the scoop, spread out the chicken mousse. Alternate process: combine the chicken mousse with mayonnaise and mix prior to plating.



4. Using a spoon, evenly cover the salad with small mounds of the 2 Tbsp (30 ml) of carrot mousse.



5. Add 1 tsp (5 ml) of mayonnaise unless already mixed in with chicken as described in alternate process in Step 3.



Garnish with small mounds of the 2 Tbsp (30 ml) Spinach mousse to finish.

Cold Service - keep Puree Essentials food temperatures cold, below 4° C or 40° F.

**Variations:** replace chicken with other proteins such as PE Ham, Turkey, Beef or Pork Puree. Alter vegetables as desired. For additional flavours and variety, add ground herbs.

## Nutrition Facts Valeur nutritive

Per 1 salad (171g) / par 1 salad (171g)	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b>	210
<b>Fat / Lipides</b> 9g	<b>14%</b>
Saturated / satures 2g	
+ Trans / trans 0g	<b>9%</b>
<b>Cholesterol / Cholesterol</b>	20mg
<b>Sodium / Sodium</b> 460mg	<b>19%</b>
<b>Carbohydrate / Glucides</b> 18g	<b>6%</b>
Fibre / Fibres 1g	<b>5%</b>
Sugars / Sucres 2g	
<b>Protein / Proteines</b>	15g
Vitamin A / Vitamine A	13%
Vitamin C / Vitamine C	4%
Calcium / Calcium	6%
Iron / Fer	20%



**SHALITFOODS**  
INNOVATIVE BRANDS | CANADA | USA

Contact us for recipes & menu solutions

**800.969.6991**  
[www.shalitfoods.com/marsan](http://www.shalitfoods.com/marsan)